### WELL%VIA

The Digital Medical Home™

#### Reimagining Digital Healthcare

Recuro is an integrated digital health solutions company that takes a uniquely personalized and proactive approach to virtual care. Unlike other traditional virtual care solutions today, Recuro has created a Digital Medical Home™ to enable customized care that meets patients' needs no matter their location or circumstance. It's simple: we provide the benefits, and you design a solution to fit your health care needs.





#### **Proactive**

Our market-leading health risk assessment reviews factors such as medical and family history, lifestyle, and social determinants to identify genomic and lab screenings that can guide patient care plans and inform targeted interventions.



We've designed our platform to help patients proactively manage their care, identify any health issues early and maintain wellbeing on an ongoing basis.



#### **Holistic**

Our curated suite of digital solutions provides the tools patients need to actively manage their health no matter their location or circumstance.



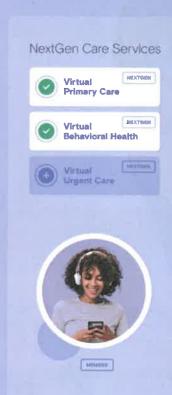
#### Integrated

We believe in relationship-driven virtual care. Our Primary Care and Behavioral Health physicians develop a deep understanding of each patient's needs and collaborate to determine the best care plan.

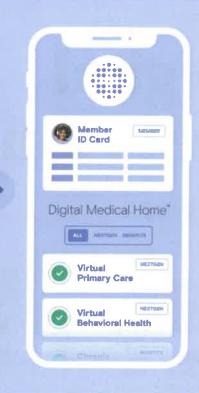




#### **How it Works**









#### **A Personalized Care Platform**



#### **Digital Front Door**

We've designed our platform to help patients proactively manage their care, identify any health issues early and maintain wellbeing on an ongoing basis.



#### **Tailored**

You can build your own digital health platform with targeted solutions for your population. The product can be white labeled to align with your brand.



#### **Streamlined**

Our platform fully integrates with existing solutions you may have as well as the curated suite of capabilities we offer, including virtual care, at-home lab testing and genomics.

#### Customizable Digital Platform

- Rapid Enterprise Deployment
- Configurable Solution
- White Labeling
- Seamless System Integrations
- Customizable Reporting
- Security & Data Privacy

#### **Integrated Solutions**

- Virtual Primary Care
- Virtual Behavioral Health
- Virtual Urgent Care
- Condition Management
- Health Advocacy
- Companion Care
- On-Demand Counseling
- COVID Back-to-Work









#### WellVia's Brand is Becoming Recuro

WellVia's making an exciting brand transition to Recuro, and the existing application will be etired on November 15th, 2022

All current users will be required to download and sign into the Recuro Care app on or before that date to continue receiving services.

To get started, click the button below.

- There will be no changes to your available services and benefits
- Your login, profile, and medical records will remain the same
- The Recuro Care app is the same app you know and love, just with a new look and feel







# Our App is Changing

### WellVia is becoming Recuro! Here's what you need to know.

WellVia's making an exciting brand transition to Recuro! The existing app will be retired in November, and all current users will be required to download and sign into the Recuro Care app to continue receiving services. Rest assured:

There will be no changes to your available services and benefits

Your login, profile, and medical records will remain the same

The Recuro Care app is the same app, just with a new 'look and feel'

It's quick and easy to begin using the new Recuro Care app



#### **November 1st**

You'll notice a new screen when you open the WellVia app, describing the brand transition and providing you a link to download the new app. For the first couple weeks you'll be able to dismiss this screen and continue in the WellVia app as usual.



#### **November 15th**

On this date, you'll no longer be able to dismiss the new screen describing the brand transition to Recuro. You'll need to click the "Download the Recuro Care app" button to login with your existing username and password and continue receiving services.

Note: In addition to the new mobile app, you'll see a notice on the prior website (member.wellvlasolutions.com) directing you to the new website (member.recurchealth.com). You'll also notice that when you speak with doctors and Member Services agents, they'll begin referring to Recuro Instead of WellVia.





### How







The easiest way to download the new app is to enter the WellVia app beginning on November 1st, and click the new button that says "Download the Recuro Care app." This will take you to the app store directly. Alternatively, you can complete the steps below:



#### Step 1

Go to the app store (iOS or Android) and search for "Recuro Care" and download the app.





#### Step 2

When you're ready, open the app and enter the email address associated with your existing WellVia account.





#### Step 3

Click "Go to Login," and enter your password to sign in. You can reset your password if you don't remember it.





#### Step 4

Confirm your existing account information and begin using services!



### Have Questions?



#### **Emai**

Reach out to your support team with any questions or concerns.





**Care Services** 

## Virtual Psychiatry

Getting Started

#### INTRODUCTION

Work with a board-certified psychiatrist to achieve your emotional wellness goals. With appointments available as soon as 48 hours, you can select a dedicated psychiatrist who will develop a personalized care plan and track progress over time.

#### HOW TO ACCESS

Sign up with the Recuro Care app or visit the webpage below to access:
"member.recurohealth.com"

O2 Enter your employer member ID

O3 Create your username and password

O4 Complete intake and wellness assessment

O5 Schedule your consult



- Sleeping
- Addiction
- Substances
- Depression
- Stress
- Eating Disorders
- OCD
- Mental Health
- Work Anxiety
- Marriage
- Relationships
- And More...





**Care Services** 

# Virtual Therapy

Getting Started

#### INTRODUCTION

Receive comprehensive therapy and counseling from Recuro's Clinical Social Workers and Marriage & Family Therapists. Your therapist will work with you to reach your emotional wellness goals, developing a personalized plan and tracking progress over time.

#### HOW TO ACCESS

Sign up with the Recuro Care app or visit the webpage below to access:

"member.recurohealth.com"

O2 Enter your employer member ID

O3 Create your username and password

O4 Complete intake and wellness assessment

O5 Schedule your consult



# Example Conditions Treated

- Anger Mgmt
- Addiction
- Anxiety
- Substances
- Bipolar
- Grief / Loss
- Depression
- PTSD
- Eating Disorder
- OCD
- Sleep Disorder
- And More...









# Our Brand is Changing

### Our Commitment & Values Are Not

We are excited to announce that WellVia was recently acquired by Recuro Health in order to expand our solution offerings and enhance our member experience. As we near key milestones in our rebrand, we want to keep you informed. In the coming weeks, the WellVia brand will retire and transition to Recuro Health. While our name is changing, our principles are not. We value our relationship with you and remain committed to helping you achieve your health goals.

We are excited to move ahead with this transition while honoring the connection our clients have to the WellVia brand and existing commitments. The potential of our combined products/services within the Digital Medical Home™ will strengthen Recuro's mission to lower costs and improve patient outcomes through our preventative care platform.





#### **Have Any Questions?**



855.6RECURO



Emai

customerservice@recurohealth.com







### Virtual Care

**Getting Started** 

#### INTRODUCTION

Access board-certified physicians 24/7, 365 days a year for you and your family! Doctors will discuss your symptoms, confirm a diagnosis, and prescribe any needed medication. Video and telephone-based visits are available, with an average wait time of just ten minutes.

Consult Fee: \$0 - Medical Plan \$40 - HDHP Plan

#### HOW TO ACCESS

Sign up with the Recuro Care app or visit the webpage below to access:
"member.recurohealth.com"

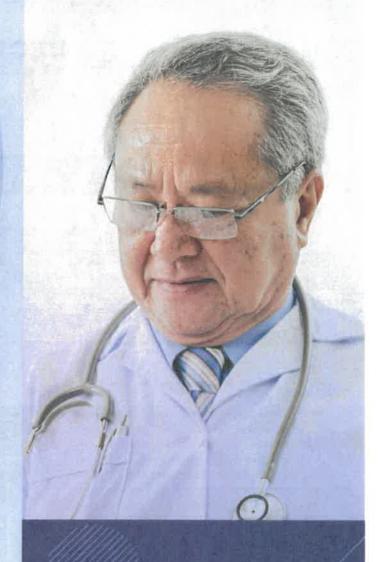
02 Enter your employer member ID

O3 Create your username and password

O4 Complete your medical history

05 Schedule your consult

\*Registering your account is not required to use the service, you can call 855.6RECURO anytime for 24/7 access to doctors.



# Example Conditions Treated

- Acne / Rash
- Allergies
- Cold / Flu
- GI Issues
- Ear Problems
- Fever

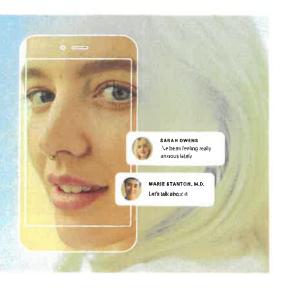
- Insect Bites
- Nausea
- Pink Eye
- Respiratory
- UTI's
- And More...





# Trying to get back to being you?

Stress, burnout, and panic are real ways that anxiety and depression can show up in our lives. There is no one-size-fits-all solution. Take the first steps to begin your healing journey.





Brightside and your health plan have partnered to provide you personalized mental health care when you need it.

Our psychiatrists and therapists pair empathy with expertise to deliver individualized care — all from the comfort of your home. Meet with your specialist in as little as 48 hours.

Discover why 85% of Brightside patients feel better just weeks after taking our initial assessment.

#### Start your journey with Brightside, and receive:

- Unlimited messaging with your care team.
- Virtual visits
- Convenient progress tracking
- Check-ins when you need them
- Data-driven medication support
- Life-changing interactive lessons between visits

#### The Brightside care team is ready to help. Getting quality treatment has never been easier.

Take these 3 simple steps to get started:

#### 1. Answer a few questions.

So your care provider can get to know you - not just your symptoms.

#### 2. Create your care plan.

Discuss your symptoms and treatment options with your specialist to agree on an action plan you can stick with.

#### 3. Commit to your care plan.

Whether you get therapy sessions delivered to your device, prescriptions delivered to your door, or both — your care team will be there for you until you feel like yourself again.

Here's how patients describe what happened after they followed these simple steps:









#### Personalized mental health care with measurably better outcomes.

Give your employees and their families the quality care they need, when they need it,



#### THE PROBLEM

We're facing a mental health crisis-and the status quo isn't good enough.

#### NOT ENOUGH PROVIDERS

**73**%

of the national need for mental health providers is unmet

#### UNSUSTAINABLE COSTS

**21**%

of workplace disability claims are due to depression and anxiety

#### POOR QUALITY OF CARE

<50%

of patients treated for mental

#### OUR SOLUTION

A ground-breaking, in-network, care model delivering greater access to high-quality treatment.



#### The right treatment for every individual.

After a patient completes our comprehensive intake, our PrecisionRx technology analyzes over 100 data points to predict the medication most likely to work



Narrow formularies and conventional prescribing practices only support 13% of the 1,000+ treatment plans we cover

#### OUR OUTCOMES

Life-changing results for your employees, better outcomes for your business.

Brightside's care model delivered 50%+ higher rates of response + remission for depression when compared to a top US health system.



#### OUR PATIENTS

Anxiety & depression come in many forms. We treat them all at various severity levels to improve care, and lower cost.

71%

it gatieries are in using for help with this more conditions

75%

i proincipate it with a literary pagerately sovere depression

50%

Nearly in the terms start with suicidal ideation

#### WHY EMPLOYERS CHOOSE BRIGHTSIDE

√ Improved access

anytime, anywhere

√ Full-spectrum care We make it easy and affordable to get the help

We specialize in treating all levels of severity, ensuring every employee gets the help they need

✓ Better outcomes

Our innovative care model will have your employees feeling better fast, boosting morale and productivity.

NANCY COX nanov.cox.rbrightaide.com 856 885 0072

✓ Seamless integration

We're an easy to use in-network, platform with no additional budget or

✓ Data driven insights and outcomes

We share employee population data to measure engagement and service utilization.



